

LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH

Quality, Outcomes, & Training  
Division  
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## Purpose

- The CBCL 1.5-5 is a 100-item parent-report checklist that assesses the most frequent emotional and behavioral problems of children

## Administration

- Completed by parent/care provider of children ages **1.5-5 years**
- Therapist should encourage parent/care provider to **answer every item**



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STATE OF CALIFORNIA

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# CBCL 1.5-5 Quick Guide

Child Behavior Checklist for Ages 1.5-5®

Completed by parents/care providers of children ages 18 months to 5 years, during the first and last EBP treatment sessions, and every 6 months for EBPs exceeding 6 months, for the following practices:

- Caring for Our Families (CFOF) for treatment cycles started before 12/1/12

## Clinical Utility

- Identifying behaviors/problems interfering with client's functioning
- Measuring initial behavior severity
- Tracking changes in emotional, acting out or behavior problems over the course of treatment
- Treatment planning

## Scoring Information

- Parents are asked to rate their child for how true each item is now or within the past 6 months using the following:

**0 = not true**

**1 = somewhat or sometimes true**

**2 = very true or often true**

- The CBCL 1.5-5 yields scores on internalizing behaviors (anxiety), externalizing behaviors (aggression), and overall behavior difficulties
- The CBCL 1.5-5 also produces the following 7 scale scores which represent common problems or syndromes:
  - Emotionally Reactive (9 items)
  - Anxious/Depressed (8 items)
  - Somatic Complaints (11 items)
  - Withdrawn (8 items)
  - Sleep Problems (5 items)
  - Aggressive Behavior (19 items)
- Scales Related to DSM-IV Disorders
  - Affective Problems
  - Anxiety Problems
  - Pervasive Developmental Problems
  - Attention Deficit/Hyperactivity Problems
  - Oppositional Defiant Problems
- Total Problems Score
  - Is derived from:
    - The 67 items that form the 7 syndromes
    - The 32 items that represent other problems (e.g., eats inappropriate foods, etc.)
    - The one item added by the parent/care provider (if a parent/care provider writes in more than one additional problem, the one item that has the highest score is included in the Total Problems)
  - **A higher score reflects a parent's report of greater presence and severity of symptoms in the child**